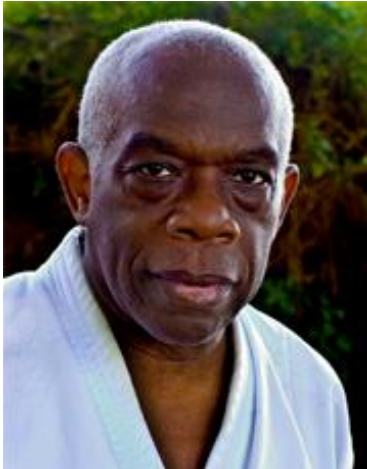


# ALASKA SUMMER KARATE CAMP

## AUGUST 11 – 14, 2016

### Welcome

It is time to get ready for the Alaska Summer Karate Camp. This year we are honored to have Sensei Field joining us once again! Camp will feature a unique combination of great instruction, intensive karate classes, lectures, outdoor recreation, and karate tests.



Sensei James Field, 8<sup>th</sup> Dan

### SPECIAL GUEST INSTRUCTOR

#### Sensei James Field, 8<sup>th</sup> Dan

- Vice-Chairman of the ISKF Technical Committee
- Director and Chief Instructor of the ISKF US Southwest Region headquartered at his dojo in Santa Monica, CA.
- One of the first American graduates of the rigorous JKA Instructor training program
- Very successful competitor who captained the US International Karate Team, many times National Collegiate Champion, two-time National Grand Champion, two-time Pan American Champion, US Representative to the Olympic Games in Mexico and medalist in the 1976 World Tournament.
- Coach and Trainer of many Collegiate, National and International Champions

### WHO CAN ATTEND?

Overnight Camp (Thursday thru Sunday) Anyone 10 years of age or older for ranks ungraded through 6<sup>th</sup> kyu, and those age 9 years and above for ranks 5<sup>th</sup> kyu and above.

Day Camp (Saturday only) Anyone between the ages of 5 – 12 years of age, all ranks (Not confirmed)

All camp attendees must be current on dojo and ISKF dues. All minors (17 years of age or younger) must have a designated chaperon approved by your instructor.

### WHEN IS THE REGISTRATION DEADLINE?

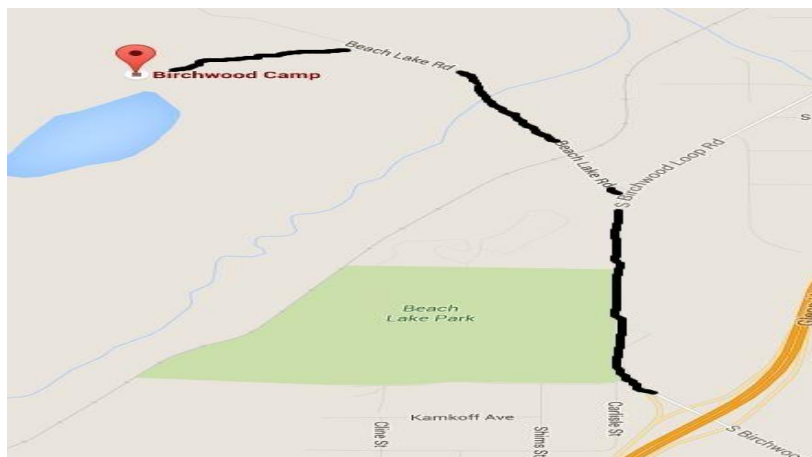
Please register for camp by **July 22, 2016**. Space at camp is limited and registrations will be accepted on a “first come, first served” basis. Late registrations may be accepted, however, we ask that you meet the deadline to help ensure that the camp is adequately prepared for the right number of people.

### WHERE DO I SEND MY REGISTRATION?

Once you have completed the attached forms, please give them to your head instructor to send in as a packet. Head Instructors: Please mail your registration packets and payments to:

Carl Harrison  
431 High View Drive  
Anchorage, AK 99515

## Directions to Camp



More information about Camp Birchwood can be found at:

<http://birchwoodcamp.org>

### From the Glenn Highway:

Take the S. Birchwood Exit from the Glenn Hwy just north of Eagle River.

**From Anchorage, take a left** onto Birchwood Loop Road.

**From the Valley, take a right** onto Birchwood Loop Road.

Go about 0.9 miles and turn left on Beach Lake Road; remember to stop-look-listen at the railroad crossing on Beach Lake Road.

After 0.7 mile, take the only left onto David Blackburn Road. Follow the signs to Birchwood Camp.

**Accommodations:** Bunks and showers are provided.

### What to Bring for Overnight Camp:

Sleeping bag, pillow, towel, umbrella / rain gear, toiletries, flashlight, warm casual clothing, karate uniform(s) and belt, water resistant shoes, jacket, money to buy snacks, drinks, camp t-shirt, pins and patches at the camp store.

If you are testing and your test involves sparring, please bring mouthpiece and sparring gear.

## Day Camp

Children's day camp will be held on Saturday, August 13<sup>th</sup>. We ask that day campers arrive not later than 1:00 PM. This will enable us to include the campers in the camp photo.

To be eligible to attend day camp you must be: 1) between the ages of 5 and 12 years of age, 2) currently enrolled in Alaska Shotokan classes and 3) are a current ISKF member.

Day camp fees include karate class, camp t-shirt, snacks, crafts, dinner and activities including games and Smore's around the evening campfire.

### What to Bring for Day Camp:

Please bring the following items for day camp: backpack or bag, karate uniform and belt, umbrella / rain gear, jacket, warm play clothes (wear to camp), water bottle, shoes and socks.

## Schedule

### Thursday, August 11

Check-in begins at 1 PM in the Main Lodge, karate training

### Friday, August 12

Karate training, instructor training

### Saturday, August 13

Karate training, instructor training, testing, camp picture, Day Camp

### Sunday, August 14

Karate training, awards brunch, camp clean-up, depart camp at 12 PM

## Questions?

Send an email to:

Carl Harrison -

[charrison14@gci.net](mailto:charrison14@gci.net)

Susan Jones -

[sjones.alaska@gmail.com](mailto:sjones.alaska@gmail.com)

## Registration Form and Fee Schedule

Name:			
Address:			
City, State			
Phone Number			
Current Dojo			
Current on dojo dues?	Yes / No		
Current Rank			
I plan to test at camp*	Yes / No	Male _____	Female _____
Age*: _____	If under 17, list chaperone's name:	_____	
Instructor's Signature* (required if under 17 and/or testing at camp)		_____	
Are you vegetarian or have other special food needs?	Yes / No	Please specify:	
Do you have any food allergies?	Yes / No	Please specify:	
Special cabin assignment request?	Yes / No	Please specify:	
Do you have any physical limitations?	Yes / No	Please specify:	
Full Camp Fee	Enter either Full Camp Fee OR Children's Day Camp Fee - NOT BOTH. There is <u>no</u> per day fee for regular campers.		\$ 225 A.
Children's Day Camp Fee			\$ TBD B.
Testing fees* Sensei signature required above if testing.	Kyu ranks	\$35.00	C.
	Dan ranks	See Dan instructions	
Donation to 2016 National Team Fund			D.
Number of Guest Meals	Saturday Dinner _____ x \$10 =		E.
	Sunday Brunch _____ x \$10 =		F.
Camp T-Shirt: # Adult XL ___ Adult L ___ Adult M ___ Youth L ___ x \$25.00 =			G.
<b>Total Due (A or B + C+D+E+F+G) =</b>			H.
Less Deposit (\$100.00) =			I.
<b>Make Checks Payable to: ISKF Alaska</b>		Total Enclosed (H - I) =	J.
<b>Remaining Balance Due at Camp (H - J) =</b>			

**Completion of Camp Registration Forms and Payment:** Please do not outline payment for multiple campers on one form. Each camper should have their own registration form with sections A - I completed. This ensures smooth registration check-in on the first day of camp. Multiple camper fees can be included in one check.

**Full Camp Fee** - this includes all food and sleeping accommodations.

**Paperwork** - Please ensure that a Registration Form, Waiver / Release Agreement and Emergency Medical Information form is completed for each camper. Give the completed forms and deposit/feed to your instructor.

**Cancellation:** Cancellations prior to the Camp starting date (August 11<sup>th</sup>) will be subject to a \$25.00 administration fee.

# Waiver / Release Agreement

**Event: Alaska Shotokan Karate Summer Camp, August 11 – 14, 2016**

I understand that there are risks and dangers inherent in martial arts training and in participation in and/or receiving instruction at the SUMMER CAMP. I understand and agree that by signing the Waiver/Release, I am assuming full responsibility for any and all risk of personal injury or death or for property damage suffered by me while participating in and/or receiving instruction at the SUMMER CAMP. I expressly acknowledge that my participation in the SUMMER CAMP, may subject me to personal injury or bodily harm and I assume any and all risks of that participation. I also understand that in order to be allowed to participate in and/or receive instruction at the SUMMER CAMP, I must give up my rights to hold the International Shotokan Karate Federation and its affiliates, "Alaska Shotokan Karate Clubs," and any and all other clubs, schools, instructors, members, judges, officials, representatives and all other participating in and/or receiving instruction at the SUMMER CAMP.

I also understand and agree that by signing the Waiver/Release, I acknowledge that I am solely responsible for having or obtaining all insurance coverage which may be necessary or desirable in connection with my participation in and/or receipt on instruction at the SUMMER CAMP and for any travel to and from the SUMMER CAMP and in all lodging or any other activities which may be related directly, indirectly or incidentally to the foregoing. I further understand and agree that any fees or costs required for necessary or requested medical attention shall be my sole responsibility and that I shall not seek indemnification or contribution from any Releasee in connection therewith. I also understand that the Releasees shall not be responsible for any incidental, consequential or exemplary damages of any kind even if they are notified of the possibility of such in advance. I also understand and agree that any damage to any lodging sites or the tournament site that I cause is my full responsibility. In no case are said damages the responsibility of any of the Releases. I further understand and agree that as consideration for my participation in the SUMMER CAMP, the International Shotokan Karate Federation and or its designees shall have the right to use my name, image or likeness in the promotion of the SUMMER CAMP or in any publication relating to the SUMMER CAMP (or similar SUMMER CAMPS) and in any broadcast or rebroadcast transmission of the SUMMER CAMP without any additional consideration to me for the use of my said name, image or likeness.

I understand and agree that this Waiver/Release will have the effect of releasing, discharging, waiving and forever relinquishing any and all actions or causes of action that I may have or have had, whether past, present or future, whether known or unknown, and whether anticipated or unanticipated by me, arising out of my participation in and/or receipt of instruction at the SUMMER CAMP. Knowing this, and in consideration of being permitted to participate in and/or receive instruction at the SUMMER CAMP, I hereby release and agree to indemnify and hold harmless the above-named Releasees individually and their entities, and their officers, agents, principals, partners, shareholders, directors and employees from any and all liability or cost, including attorney fees, associated with or arising from my participation in and/or receipt of instruction at the SUMMER CAMP, I further understand and agree that this Waiver/Release will be binding on me, my spouse, any heirs, my personal representative, my assigns, my children and any guardian ad litem for said children. I understand that if I am signing the Waiver/Release on behalf or any minor child, that I will be giving up the same rights for said minor as I would be giving up if I signed this document on my own behalf.

I acknowledge that I have read this Waiver/Release Agreement and that I understand the words and language in it.

Print Name \_\_\_\_\_ Date \_\_\_\_\_

Sign Name \_\_\_\_\_

Parent/Guardian Release:

I am the parent or legal guardian of the minor \_\_\_\_\_ and I am signing this Waiver/Release on behalf of said minor.

Print Name of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent \_\_\_\_\_

# Emergency Medical Information

**Event: Alaska Shotokan Karate Summer Camp, August 11 - 14, 2016**

An Emergency Medical Information form MUST be completed for each camper, regardless of age or length of attendance. This form should be mailed in with the completed Registration Form and Waiver / Release Agreement.

Name:

Address:

City, State

Phone Number

Parent / Spouse's Name

Home Phone # \_\_\_\_\_

Work Phone # \_\_\_\_\_

Cell Phone # \_\_\_\_\_

Name of person (s) to notify in emergency if parent/spouse cannot be reached?

Name: \_\_\_\_\_

Phone # \_\_\_\_\_

Name: \_\_\_\_\_

Phone # \_\_\_\_\_

Name: \_\_\_\_\_

Phone # \_\_\_\_\_

Health problems we should know about (allergies, handicaps, injuries, health problems, etc.)

Medications to be taken at Camp and Directions to administer medication (Please give all medication to Camp Nurse)

IT IS THE CAMP'S POLICY THAT THE NURSE HOLD ALL MEDICATIONS FOR CAMPERS THAT ARE UNDER THE AGE OF 18.

If you have questions related to the policy, please contact Susan Jones at 907-677-7237 or [sjones.alaska@gmail.com](mailto:sjones.alaska@gmail.com)

# DAN TESTING INSTRUCTIONS

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If you are planning to test for your Dan during Summer Camp 2016, please ensure that you complete all of the following steps **PRIOR** to arriving at Camp.

1. Receive prior permission from your Sensei and ensure that your Sensei **SIGNS** the Registration Form.
2. Complete the Dan Registration Form – this form **MUST** be typed and **NOT** hand-written. An official, fillable form can be obtained from the ISKF website:  
<http://www.iskf.com/images/2014%20ISKF%20Dan%20Reg%20Form.pdf>
3. Include two passport sized photos with your registration packet.
4. Submit two separate checks with your registration packet:
  1. One check should be made out to ISKF and should be for the following amount **based on the rank you are testing for**:

<b>Rank</b>	<b>Registration Fee</b>
Shodan	\$80
Nidan	\$110
Sandan	\$155
Yondan	\$210
Notes: <ol style="list-style-type: none"><li>1. Fee amounts taken from ISKF website as of April 2016.</li><li>2. If you do not pass your exam this check will be returned to you.</li></ol>	

2. One check should be made out to ISKF-Alaska and should be for the following amount **based on the rank you are testing for**:

<b>Rank</b>	<b>Examination Fee</b>
Shodan	\$90
Nidan	\$110
Sandan	\$130
Yondan	\$160